

AI and Your Doctor

How technology is changing the way medicine is practised

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Every one of you will be a patient again.

One prompt. One family password. Three questions.

1 THE PROMPT

FOR PREPARING · NEVER FOR DIAGNOSING

“I’m an intelligent adult with no medical training. Explain this to me clearly. Then give me the three best questions to ask my doctor at my next appointment.”

Then add: “Tell me what in your answer you may be uncertain about.”

USE

Type it into any general chatbot to turn unfamiliar language into questions.

NEVER

Paste names, NHI numbers, dates of birth or identifiable reports into it.

NOT FOR

Diagnosis, treatment decisions or overruling your clinician.

TURN OVER →

2

THE PASSWORD

AGREE IT BEFORE ANYONE IS FRIGHTENED

One ordinary family word that has never been posted online.

**No password → no money → hang up →
ring back on a number you already have.**

NOT A CHATBOT

111

Chest pain or tightness · sudden weakness
facial droop · difficulty speaking

3

THE THREE QUESTIONS

ASK THESE OF EVERY HEALTH TECHNOLOGY

- 01** Where is my data stored?
- 02** Was it tested on people like us, here?
- 03** Who signed this – and who is accountable when it is wrong?

TRUSTED NEW ZEALAND RESOURCES

Netsafe (online safety) netsafe.org.nz · 0508 638 723

Privacy Commissioner (health information) privacy.org.nz

Health New Zealand (when to call 111) info.health.nz

DISCLOSURE

I am building two commercial clinical technology products: Briefly. (clinical letters) and Praneva (heart health). Ask the same three questions of them – that is the point.

